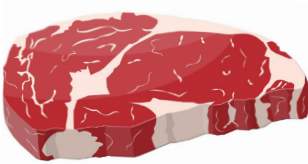


BEEF



Classic Brisket with Gravy, Mashed Potatoes, and Asparagus

and

Mongolian Beef Bowls

Produce

Asparagus, 1 bunch
Green onions, 1 bunch
Lemon, ½
Potatoes, Yukon Gold, 1 ½ pounds

Meat

Beef brisket, trimmed, 5 pounds

Dairy

Butter, salted, 3.5 ounces (7 tablespoons)
Sour cream, 2.1 ounces (¼ cup)

Pantry

Broth, beef, 4 fluid ounces (½ cup)
Coconut aminos, 16 fluid ounces (2 cups)
Fish sauce, ½ teaspoon
Flour, all-purpose, 1 ounce (¼ cup)
Olive oil, extra-virgin, 2 tablespoons, plus
1 teaspoon
Rice, white, uncooked, 6.3 ounces (1 cup)
Sesame oil, toasted, 1 teaspoon
Vinegar, balsamic, 2 fluid ounces (¼ cup)

Seasonings

Garlic powder, 1 ½ teaspoons
Ginger, ground, ½ teaspoon
Red pepper flakes, ½ teaspoon
Sesame seeds, white, 1 teaspoon