

## **POULTRY**



### **Roasted Chicken & Potatoes** with Fresh Arugula Salad

*and*

### **Butter Chicken Bowls** with White Rice

#### **Produce**

Arugula, 8 ounces (4 cups)  
Cilantro, 8 stems  
Garlic, 7 cloves  
Ginger, fresh, 1 (½-inch) piece  
Lemon, 1  
Potatoes, red, 1 pound

#### **Meat**

Chicken, whole, 1 (4- to 4 ½-pounds)

#### **Dairy**

Butter, salted, 1 stick (8 tablespoons)

#### **Pantry**

Olive oil, extra-virgin, 1 tablespoon, plus 2  
teaspoons  
Rice, white, uncooked, 6.3 ounces (1 cup)  
Tomatoes, crushed, 1 (18-ounce) can

#### **Seasonings**

Coriander, ground, 1 tablespoon  
Cumin, ground, 1 teaspoon  
Garam masala, 1 tablespoon  
Paprika, 1 tablespoon  
Turmeric, ground, 1 teaspoon