

## **POULTRY**



### **Paprika Spatchcocked Chicken**

**with Green Sauce and Plantains**

*and*

### **Stir-Fried Noodles**

**with Chicken**

#### **Produce**

Broccoli rabe, 1 bunch  
Cilantro, 1 bunch  
Garlic, 3 cloves  
Jalapeño, 1  
Lemons, 2  
Limes, 2  
Plantains, ripe, 2 large

#### **Meat**

Chicken, whole (3 ½- to 4-pounds)

#### **Dairy**

Egg, 1 large

#### **Pantry**

Coconut aminos, 1 (8-ounce) bottle  
Coconut sugar, 2 tablespoons  
Egg noodles, dried, 9 ounces  
Fish sauce, 1 teaspoon  
Mayonnaise, 2.8 ounces (1/3 cup)  
Olive oil, extra-virgin, 5 fluid ounces (½ cup, plus 2 tablespoons)  
Sesame oil, toasted, 1 teaspoon

#### **Seasonings**

Cumin, ground, 1 tablespoon  
Garlic powder, 1 tablespoon  
Oregano, dried, 1 tablespoon  
Paprika, 1 tablespoon