

SEAFOOD



Old-Fashioned Crab Bake *and* **Seafood Bisque**

Produce

Celery, 2 stalks
Corn, 4 ears
Garlic cloves, 22
Lemons, 2
Onion, yellow, 1
Parsley, ¼ bunch
Potatoes, new, 1 pound

Meat

Crab, legs or clusters, fresh, 3 pounds
Shrimp, large, fresh, 1 pound

Dairy/Refrigerated

Butter, salted, 3 ounces (6 tablespoons)
Heavy cream, 8 fluid ounces (1 cup)

Pantry

Broth, seafood or chicken, 32 fluid ounces (4 cups)
Flour, all-purpose, 1 ounce (¼ cup)
Tomato paste, 2 tablespoons
White wine, dry, 8 fluid ounces (1 cup)

Seasonings

Bay leaves, 2
Cajun seasoning, ¼ cup