

# **SEAFOOD**



## **Lemon-Pepper Halibut**

**with Broccoli Salad and Wild Rice**

*and*

## **Chile Verde Halibut Melts**

**with Chile-Lime Tartar Sauce**

### **Produce**

Apple, red, 1  
Broccoli florets, 9 ounces (3 cups)  
Lemons, 3  
Lettuce leaves, 4  
Lime, 1  
Onion, red, ¼

### **Meat**

Halibut, 8 (5-ounce) fillets

### **Dairy/Refrigerated**

Muenster cheese, 4 slices

### **Pantry**

Green chiles, diced, 1 (4-ounce) can  
Mayonnaise, 6.3 ounces (¾ cup)  
Olive oil, extra-virgin, 2 tablespoons  
Potato chips, for serving sandwiches  
Rice, wild, uncooked, 6.3 ounces (1 cup)  
Sandwich bread, 8 slices

### **Seasonings**

Black pepper, cracked, ½ teaspoon  
Poppy seeds, 1 teaspoon