

# VEGETARIAN



## **General Tso's Cauliflower** *and* **Cauliflower Tinga Tacos**

### **Produce**

Avocado, 1  
Cauliflower, 4 heads (2 ½ pounds)  
Cilantro, ¼ bunch  
Garlic, 2 cloves  
Ginger, fresh, 1 (½-inch) piece  
Green onions, ⅓ bunch  
Limes, 4  
Onion, red, ½

### **Pantry**

Broth, vegetable, 8 fluid ounces (1 cup) \*may substitute 1 cup water  
Chili garlic sauce, 2 tablespoons  
Chipotle chili peppers in adobo sauce, 1 (3.5-ounce) can  
Cornstarch, 1 tablespoon  
Fish sauce, ½ teaspoon  
Honey, 4 ounces (⅓ cup)

Olive oil, extra-virgin, 3 fluid ounces (¼ cup, plus 2 tablespoons)  
Rice, white, uncooked, 9.5 ounces (1 ½ cups)  
Sesame oil, toasted, 2 teaspoons  
Soy sauce or tamari, 2 tablespoons  
Tomato paste, 4.7 ounces (½ cup)  
Tortillas, corn, 8  
Vinegar, rice, 2 fluid ounces (¼ cup)

### **Seasonings**

Cumin, ground, 1 teaspoon  
Oregano, dried, 2 teaspoons  
Sesame seeds, white, 1 tablespoon