VEGETARIAN



Ricotta-Stuffed Eggplant

and

Eggplant Pepper Skillet

Produce

Basil, 2 tablespoons
Bell pepper, red, 1
Cilantro, ¼ bunch
Eggplants, 2 medium
Garlic, 3 cloves
Lemon, 1
Onion, yellow, ½
Parsley, ¼ bunch

Dairy/Refrigerated

Egg, 7 large Mozzarella cheese, shredded, 8 ounces (2 cups) Ricotta cheese, whole-milk, 1 (15-ounce) container

Frozen Foods

Spinach, 10 ounces

Pantry

Olive oil, extra-virgin, 2 fluid ounces (¼ cup) Tomatoes, crushed, 1 (28-ounce) can Tomato sauce, 1 (28-ounce) can

Seasonings

Chili powder, mild, 1 teaspoon Cumin, ground, 1 teaspoon Paprika, 2 teaspoons